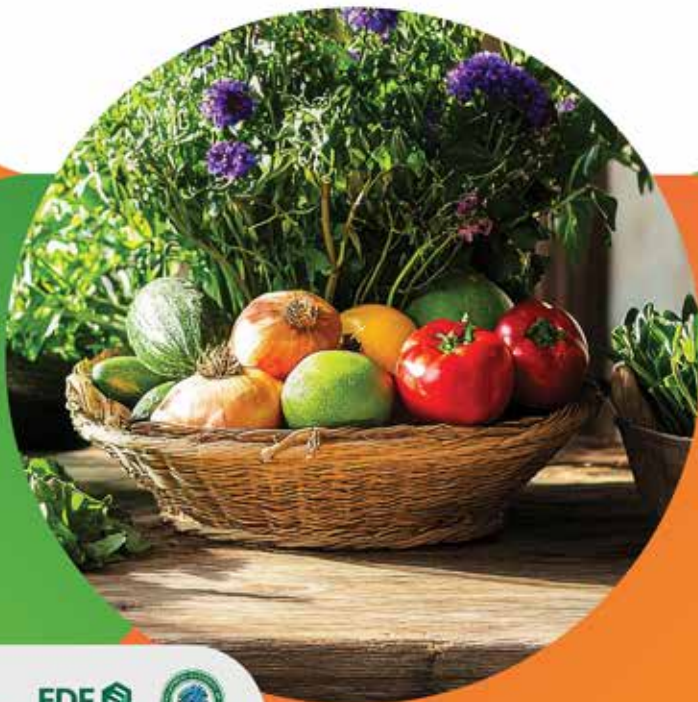


VEGETABLES SECTOR OF PAKISTAN

3rd International Food and Agriculture
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PRODUCT PROFILE

Pakistan producing 35 different types of vegetables in summer and winter season. In summer tomato, chilies, brinjal, potato, cucumber and various types of goods are harvested. Whereas in winter may other vegetables like cauliflower, cabbage, onion, potato and carrots are cultivated. Tomatoes are though cultivated in all the provinces but its major production are in Sindh and Baluchistan.

Major Production Areas of Vegetables in Pakistan

Potatoes:

It is an important crop for both farmers and consumers. It is the fourth most important crop (by volume of production) and gives high yields and high returns to growers. It includes a rich nutritional value that includes important protein and iron, and it became a prime part of the average human diet around the globe. Pakistan, by using international potato seeds, produces three major varieties including lady rosetta, hermes, and courage.

Major areas are Okara, Sahiwal, Kasur, Sialkot, Sheikhupura, Jhang, Narowal, Pakpattan, Gujranwala, t. T. Singh, Khanewal, and Lahore from Punjab, Nowshera, Dir, and Mansehra from Khyber Pakhtun Khawa, Pishin, Killa Saifulla and Kalat from Balochistan are important for growing potatoes.

Onions:

Pakistan is producing onions for commercial purposes by using advanced technologies and updated engineering mechanisms. It plays a vital role in preventing heart disease and rich in phosphorus, calcium, and carbohydrates. The major varieties are Pulkara, Desi red, Pink, Sariab red, and Chilton.

The major onion growing districts are Hyderabad, Mirpurkhas, Sanghar, Sukkar, N. Feroze, and Badin in Sindh and in Punjab Kasur, Gujranwala, Sheikhupura, Vehari, Khanewal, D.G. Khan, and Jhang and in Khyber Pakhtun Khawa Swat and in Balochistan Mastung, Kalat, Chagai, Khuzdar, and Turbat.

Chilies:

Chilies need warm, humid temperatures for growth and dry weather for maturity. Despite having a wide range of adaptability and being able to resist heat and mild cold, the crop grows best in tropical and subtropical areas. Ghotki, Longi, Talhar, and Sanam kinds of chillies are cultivated in Sindh. In February and March, the Ghotki variety is grown in Ghotki, Khairpur, Shikarpur, and Kotri. This variety's fruits are long, slender, straight, or curled, and they contain few seeds. Because it is an early variety, growers can sell it for a good price. The other areas are Mirpurkhas, Nawabshah, Sanghar and Tharparker districts.

TOP IMPORTING COUNTRIES IN THE WORLD

Importing Countries	Import Value (USD Billion)
World	102
USA	16.5
Germany	9.12
UK	5.27
India	5.18
France	4.78

Source: ITC, Trade Map

EXPORTS FOR THE LAST THREE YEARS (USD MILLION)

HS Code	Product	2022-23	2023-24	2024-25
Grand Total				
0701	Potatoes, fresh or chilled	214.26	130.21	175.57
0703	Onions, shallots, garlic, leeks and other alliaceous vegetables, fresh or chilled	8.32	227.11	98.95
0704	Cabbages, cauliflowers, kohlrabi, kale and similar edible brassicas, fresh or chilled	23.97	13.02	13.99
0710	Vegetables, uncooked or cooked by steaming or boiling in water, frozen	8.76	8.88	11.07
0709	Other vegetables, fresh or chilled	3.62	4.22	4.80
0702	Tomatoes, fresh or chilled	7.48	4.75	4.32
0712	Dried vegetables, whole, cut, sliced, broken or in powder, but not further prepared	2.49	3.37	4.00
0711	Vegetables provisionally preserved,	2.88	3.86	2.86
0708	Leguminous vegetables, shelled or unshelled, fresh or chilled	0.65	2.03	0.71
0706	Carrots, turnips, salad beetroot, salsify, celeriac, radishes and similar edible roots, fresh or chilled	0.44	0.98	0.65
0707	Cucumbers and gherkins, fresh or chilled	0.07	0.10	0.08
0714	Roots and tubers of manioc, arrowroot, salep, Jerusalem artichokes, sweet potatoes and similar roots dried	0.30	0.22	0.07
0705	Lettuce "Lactuca sativa" and chicory "Cichorium spp.", fresh or chilled	0.00	0.01	
0713	Dried leguminous vegetables, shelled, whether or not skinned or split	0.05	0.24	

TOP EXPORT DESTINATIONS FOR VEGETABLES

1. SRI LANKA
2. UAE
3. AFGHANISTAN
4. MALAYSIA
5. QATAR



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